



We're lowering our prices
to give you fast, quality
health care without straining
your pocketbook.

Located in select Albertsons/Sav-On
Pharmacy locations and operated by
Palomar Pomerado Health (PPH), the
PPH expresscare health centers are
open seven days a week and staffed by
Certified Family Nurse Practitioners.
Appointments are not necessary and
most visits take about 20 minutes.

Health insurance is not required,
but if you are a member of a
participating health plan the price you
pay will be less than the standard fee.

For more information stop by the
nearest PPH expresscare health center
or visit us at www.pphexpresscare.org.

Let the healing begin.



PPH expresscare

Escondido

1300 East Valley Parkway, Escondido, CA 92027 • 761.748.1582

Revuelto Peñinsular

14340 Peñinsular Drive, San Diego, CA 92120 • 619.672.2065

Mon. - Fri. 9 a.m. - 9 p.m.

Saturday 9 a.m. - 5 p.m. | Sunday 10 a.m. - 6 p.m.

**PALOMAR
POMERADO
HEALTH**
SPECIALIZING IN YOU



**"21" means
more than LT.**

We've reduced
the price of our
sports physical
to a low **\$21**

For a limited time only visit PPH expresscare
to receive a sports physical for just \$21.00.
Coupon must be presented at time of service.
No cash value. Expires September 30, 2009.

PPH expresscare is currently in network with the following health plans:

Aetna (excludes HMO), Blue Shield of California (PPO & EPO), CalPERS (Blue Shield of California EPO), CIGNA, Community Health Group, Medicare Part B.